

Dear Irlen Client or Referral,

Please let me know you received this.

Please read these instructions carefully to schedule your initial Irlen Screening for Overlays (1.5 hours) or Irlen Diagnostic Testing (2-4 hours) session for spectral filters worn as glasses or contact lenses.

CLIENT'S COMING FOR INITIAL IRLLEN SCREENING FOR OVERLAYS:

Please fill out the **client registration form** and **self test** and send back via email, fax or mail prior to your appointment or to set up your appointment, if you have not do so already. The cost of the Irlen screening includes the intervention. Screening will determine if basic and general color calibration is a benefit when reading to decrease visual stress, minimize distortions, and make it more comfortable to sustain reading. You may also notice a decrease in headaches, tension, and less errors with more comprehension and memory for what you read. The Irlen Overlays are a patented product that is carefully calibrated to see what specific color provides the most relief from negative symptoms of light reflected off a white background.

For children being screened, please bring reading material that is slightly challenging and a sample of written classwork, homework, and a math assignment. One textbook and one book is sufficient as well.

If you received an **Irlen Screening by another screener**, then please bring your testing form from that session, if possible. Irlen Screenings are a less costly and briefer way to determine if Irlen Diagnostic testing is appropriate to provide comprehensive relief of your symptoms. To bypass the cost and time of an Irlen Screening, you may schedule an Irlen Diagnostic Testing session for spectral filters.

CLIENT'S COMING FOR DIAGNOSTIC TESTING OR RETINT EXAMS FOR SPECTRAL FILTERS:

Please download the attachments in this email or from our website www.irlenvlcmd.com. Submit via email, fax or mail prior to setting up your testing session.

- **Client registration form**
- **Long form self-test: 4 pages of symptoms**
Copy of lens RX with Pupillary Distance (PD) from your eye doctor. No additional charge for Irlen labs to make low index (2.0 - or +) lenses. All lenses must be CR39 tintable plastic with no additional coatings (UV, anti-scratch, etc).
- **Client waiver form (when submitting RX lenses made by your optician)**
- **Optical waiver form signed by your optician with explanation.** Please read carefully and follow the guidelines for frames and RX lenses made by your optician. **Optical Waiver form** must be completed by the optician.
Client waiver form by yourself.

- **Frames for lenses.** Irlen Labs can make and tint single vision lenses. The guarantee that the lenses are made to proper specifications for tinting. Irlen Labs does not make bifocals. For semi rimless or rimless frames: lenses must be removed from the frame and there is an additional handling charge.
- **Optical Lenses made by Irlen Labs:** No optical or client waiver is required. Optical RX with PD is required. Recommend when possible that Irlen Lab make the lenses to insure they are properly made.
- **Plano, no RX lenses must be made by Irlen Labs.** You just provide the frame. Oversized frames require an additional charge.
- **Irlen Labs will mail the completed order directly to you.**
- Gradually wear the lenses and get used to them. If they are comfortable and effective, then you would come back in a year for your annual retint exam. This will insure the most accurate tints since tint colors can change, fade, or need alternations due to changes in medications, illness, trauma to the head, or hormonal changes.
- **Uncut tinted lenses** may be made by Irlen Labs and sent to your optician to cut them fit your frame. Uncut CR39 tintable plastic lenses with no coatings can be made by your optician and then tinted by Irlen Labs and cut by your optician to fit your frame.
- **Tinted Contact Lenses:** once you have a stable tint, you may obtain tintable contact lenses from your optician from our recommended list, and wear tinted contact lenses with your tint.
- **Wrap Around Frames:** additional charge of \$75
- **High index – or + 2.5 or higher:** additional charge of \$150
- **Yearly Retint Sessions** (usually only 1 hour) are recommended yearly. Unscratched Irlen tinted lenses can be retinted indefinitely at a very low cost.

The attachment explains all fees. Family members who receive services on the same day receive a 50% discount on testing services. After that date, there is a 20% discount. IrlenVLCMD takes credit card payments, checks or cash at the time of services. Some of the testing fees may be reimbursable via health insurance for occupational therapy. We do not accept payment from insurance companies but provide a receipt you can submit. A referral from your doctor with diagnostic codes must be provided. A 5% processing fee is charge for all credit card payments. A \$100 deposit is required to secure a date for Baltimore testing, and \$200 for Amen Clinic, Reston, VA, Richmond, VA, and Omaha, NE. This will be deducted from your testing fees.

We are located at Pikesville Plaza, 600 Reisterstown Rd., Suite 600GH, Baltimore MD 21208 (if using a GPS make sure you are going to the Pikesville area and not Reisterstown, MD which is 30 minutes north of us). See www.irlenvlcmd.com for directions and map. There is parking in back of the building and in the parking garage. We are on the 6th floor and to the right after the elevator (Suite 600GH).

Please call if you will be later than 15 minutes at 443 794 8858. There is a \$50 missed appointment fee if you do not call at least 24 hours prior to the testing date/time. If a documented emergency, then please call immediately, and we can reschedule and there is no fee, however the \$100 deposit is non-refundable and can be applied to

another testing session.

See you soon.

Shoshana Shamberg, OTR/L, MS, FAOTA
Irlen Diagnostician, Special Educator, Occupational Therapist, and Brain Gym Consultant

IS IRLEN METHOD COSTLY OR COST EFFECTIVE?

Many clients have tried many different therapies and interventions before hearing about the Irlen Method. Within a 2 year period, one client paid the following amount of money and the child was still struggling:

Lindamood Bell Reading Program. (Learning RX, Orton Gillingham, and Sylvan Learning Center are similar costs). The 15 week program was \$15,000.

Neuropsychiatry evaluation for \$4,000 which determined the child had a reading problem and referred the parent for VT.

Vision Training VT. The initial evaluation was \$300. The parent paid an additional \$150 per week for VT for 27 weeks at a total cost of \$4,780. Irlen Spectral Filters may decrease visual stress so that vision training is more effective, requiring less sessions, to achieve goals, as well as, lowering the overall cost of a total vision training program. In some instances VT may no longer be needed when spectral filters are used.

Tutoring 3 times a week (\$150 per week) for the school year which amounted to \$29,000.

Private school reading resource room in a regular educational program: additional cost: \$3000-8000 per year

Special education school tuition: \$15,000-30,000 per year, as compared to \$5000-17,000 per year for regular education private school tuition.

Something so simple that can save precious time and money for those struggling with learning and visual stress related problems would be a shame, not to check out!!!

Shoshana Shamberg OTR/L, MS, FAOTA

*Occupational Therapist, Special Educator, Certified Irlen Diagnostician,
Licensed Brain Gym Instructor*

Abilities O.T. Services and Seminars (AOTSS), Inc.

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