

Abilities OT Services and Seminars, Inc.
presents



Accessibility Consulting, Home Modifications,
and Assistive Technology

UNIQUE, INTERACTIVE
INTERNET-BASED TRAINING, MENTORING,
AND HOME STUDY PROGRAM

FOR:

Occupational Therapists
Physical Therapists
Physicians & Nurses
Case Managers/Social Workers
Medicaid Waiver Providers

Building Contractors
Industrial Designers & Interior Designers
Architects & Landscape Architects
Housing Agency Support Staff
Consumers & Advocates

BEGIN ON THE 1ST OR 15TH OF ANY MONTH

INSTRUCTOR:

Shoshana Shenberg, MS, OTR/L

President of AOTSS/ Accessibility Consultant/ Independent Living Consultant
Over 20 years of experience in this specialty area

**An on-site 2-day seminar is also available on this topic ... Visit AOTSS' website for upcoming dates/locations
Seminar hosting or sponsorship available at your location**

www.aotss.com

CEUs for OT and PT



**APPROVED PROVIDER of
CONTINUING EDUCATION**

**by The American Occupational
Therapy Association, Inc.**

**AOTA APPROVED PROVIDER #5019
NBCOT PREFERRED PROVIDER REGISTRY MEMBER**

PROGRAM DESCRIPTION

A dynamic learning experience combined with personal e-mail communication with mentors who are national experts. Internet access is preferable, but not crucial, for participation; fax, phone, and postal mail can be used for communication as well. Receive access to the AOTSS Accessibility Consultants Network (ACN) "members only" section of our website containing lessons, conference call lectures, discussion board, networking, and extensive links to resources. To enhance your learning, you will also receive AOTSS' Accessibility Consulting Manual, AOTSS' Accessibility Consulting Technical Assistance Guide, several instructional videos, and other material via the mail. Your training will focus on promoting safety and independent living services for pediatric through geriatric populations and will encompass a wide range of physical and cognitive disabilities. Learn from the comfort of your own environment using your own time frame and earn continuing education credits. College credits are also available.

LEARNING OBJECTIVES

By the end of the program, each participant will be able to

- Develop an accessibility consulting business by having participated in personalized mentoring activities that provide in-depth learning and support for achieving participant's personal and professional goals.
- Understand the historical and legislative development of accessible design guidelines and building codes and their impact on public policies, persons with disabilities, and the private sector.
- Use assistive technology, adaptive equipment, common/specialized architectural products, and environmental modifications to maximize independence, accessibility, and safety of clients.
- Identify benefits of and problems with environmental elements in order to formulate the best options and solutions when providing accessibility consulting services.
- Understand the effects of aging, progressive illness, trauma, and lifelong disability on functional performance and apply strategies and assessment tools to determine the impact of environmental barriers on a person's ability to perform daily activities.
- Utilize the basic principles of universal design, inclusive design, barrier-free design, environmental retrofitting, and visitability for residential, long-term care, and public settings in order to create barrier-free environments for pediatric through geriatric populations.
- Discuss the pros and cons of independent living, long-term care, and other housing alternatives for maximizing quality of life when a client is faced with functional decline due to aging or disability.
- Explore and engage in collaborative relationships with medical and design/build professionals in order to document ergonomic solutions to environmental problems using a team approach.
- Create an accessible environment using the information learned.

INSTRUCTOR/FACILITATOR

Shoshana Shamberg, MS, OTR/L, is president of AOTSS and an accessibility consultant since 1989. She presently teaches the only Internet-based training/home study program on this topic for healthcare and design/build professionals, which has an international participation. She is the former owner of a building contracting firm specializing in home modifications for clients with disabilities. Her business partner and husband, Aaron, is a landscape architect and accessibility consultant. Her experience ranges from home modification to ADA/504 consulting for hotels, museums, schools, colleges, public spaces, and multi-family housing projects. AOTSS sponsored the nation's first interdisciplinary conference on accessibility entitled "Under One Roof" in 1993, bringing together for the first time national experts in the healthcare and design/build professions.

Ms. Shamberg has over 30 years of experience in managing programs; working as a clinical therapist in pediatric school-based therapy, geriatric psych/physical disability rehab, nursing home, and homecare settings; and providing consulting services for elementary schools, educational institutions, businesses, community-service organizations, senior centers, and housing. She has degrees in both occupational therapy and special education with a specialization in assistive technology and environmental modifications. Ms. Shamberg is a Certified Brain Gym Consultant and Certified Irlen Scotopic Sensitivity Syndrome Screener/ Diagnostician. She has presented over 150 international training seminars on universal design, accessibility of the environment, and other topics related to independent living and authored numerous articles and textbook chapters on these topics.

Ms. Shamberg is currently the AOTA representative to the American National Standards Institute's Accessible Design Standards Building Code Committee (ICC/ANSI A117.1), the Maryland representative to the AOTA IDEA Partnership Advisory Committee, a guest instructor in Towson University's Department of Occupational Therapy, and board member and legislative committee co-chairperson for the Maryland Occupational Therapy Association.

GUEST MENTORS MAY INCLUDE:

Aaron Shamberg, MLA, Landscape Architect, President of Organic Landcare, Inc.

Barbara L. Kornblau, JD, OT, FAOTA, Attorney, Case Manager, former AOTA President

James L. Mueller, Industrial Designer, President of J.L. Mueller, Inc.

Laurie Ringaert, OTP, President of UD International Consulting

John Salmen, AIA CAE, Architect, President of UD & Consultants, Inc.

Louis Tenenbaum, Contractor, President of Access Remodeling, Inc.

Dave Ward, Disability Advocate and Curator of The Future Home Project

LESSON TOPICS

ADA Basics

- ADA and design guidelines
- Specific illnesses/disabilities
- Environmental barriers
- Universal design
- Visitability

Architecture and Design

- Architectural drawings/plans
- Space planning ideas
- Children's environments
- Outdoor play and recreation
- Gardening and lawn care
- Historic preservation

Technology

- Assistive technology
- Architectural products
- Home automation/Environmental control units
- The Future Home Project

Housing Issues

- Life care planning
- De-institutionalization
- Alternative housing
- Inclusive communities

Evaluation and Documentation

- Environmental assessments
- Functional assessments
- Documentation of findings
- Case study and video exercises
- Worksite analysis & ergonomic standards
- Injury prevention/safety

Developing a Consulting Business

- Marketing and networking
- Subcontracting/fee structures
- Developing a market plan
- Designing public relations materials/brochures
- Developing educational in-services
- Reimbursement/third party payment
- Liability/legal issues

Providing Services

- Transdisciplinary team building
- Client-centered service delivery
- Funding/financing resources
- Expert witness services

PROGRAM OPTIONS AND FEES

Note: A portion of all profits are donated to The Future Home of Baltimore, a national demonstration center and actual home created with universal design and home automation technology. For more information, go to www.thefuturehome.net.

Program materials and services

A package of training materials is included with all program options and will be sent by mail within 1 week of AOTSS receiving your registration & full payment. Allow at least 2 weeks for delivery prior to your start date, unless special arrangements are made with AOTSS. You must notify AOTSS via email upon receipt of package. The following materials and services are referred to in the options listed below:

- Personal mentoring/consultation by fax or email (can be used in 15 minute increments).
- Text lessons on many topics by fax, e-mail, or postal mail (based on CE hours).
- AOTSS Accessibility Consultants Network (ACN) membership – Full access to "members only" section of AOTSS website, which includes options for additional FREE CE HOURS, conference call lectures, links to important information, and extensive resource information. Also, network with participants and guest mentors via e-mail and AOTSS' private discussion board and list serv.
- AOTSS' Accessibility Consulting Manual (also used in AOTSS' on-site seminar and valued at \$50).
- Media and Resources Package – Technical guide, videos, and other materials (valued at \$100).
- Personal mentoring/consultation by phone (additional fee; can be used in 15 minute increments).

Option #1A: Internet-based mentoring program, \$400

(Beginning through Advanced Level)

- 4 hours of mentoring by fax or e-mail; additional @ \$25/hour prepaid.
- 8 lesson hours; additional @ \$25/lesson hour prepaid.
- 60-day AOTSS ACN membership.
- 1 manual.
- 1 media and resources package.
- Mentoring by phone not included in base price; available @ \$60/hour reduced rate prepaid.
- Earn up to 15 hours during your initial 60 days with the option to earn unlimited free or discounted hours.

Option #1B: Home study mentoring program (no Internet-based services), \$450

(Beginning through Advanced Level)

- 4 hours of mentoring by e-mail, fax, or postal mail; additional @ \$35/hour prepaid.
- 8 lesson hours by e-mail/postal mail; additional @ \$35/lesson hour prepaid.
- 60-day AOTSS ACN membership
- 1 manual.
- 1 media and resources package.
- Mentoring by phone not included in base price; available @ \$60/hour reduced rate prepaid.
- Earn up to 15 hours during your initial 60 days with the option to earn unlimited free or discounted hours.

Option #2: Internet-based resources program, \$300

(Beginning through Advanced Level)

- Mentoring by e-mail not included; available @ \$35/hour prepaid.
- 8 lesson hours; additional @ \$35/lesson hour prepaid.
- 60-day AOTSS ACN membership.
- 1 manual.
- 1 media and resources package.
- Mentoring by phone/fax not included in base price; available @ \$90/hour prepaid.
- Earn up to 11 hours during your initial 60 days with the option to earn unlimited free or discounted hours.

AOTSS Accessibility Consultants Network (ACN) membership renewals: \$100/\$175

Price: \$100.00 for 12 months (if renewed each year prior to expiration date).

Price: \$175.00 for 12 months (if renewed after expiration date), then \$100 per year if paid prior to expiration date.

IMPORTANT: You must have current, non-expired membership in the AOTSS Accessibility Consultants Network (ACN) to carry over any unused mentoring time and lesson hours, including potential credit toward continuing education. Once your membership has lapsed, all unused mentoring time and lesson hours are forfeited.

COLLEGE CREDIT

College credit may be available. Send request for information by email to info@aotss.com. Requires additional fees to sponsoring educational institution (e.g., Colorado State University in Fort Collins, CO).

CONTINUING EDUCATION (CE)

CE earned through initial 60-day program

- Option #1A Internet-based Mentoring Program and Option #1B Home Study Mentoring Program – Approved by Maryland State Boards of OT and PT. You can receive up to 15 hours (1.5 CEUs) for your initial 60 days plus the option to earn unlimited CE hours via AOTSS Accessibility Consultants Network (ACN) yearly membership. Check with your licensing board for any restrictions on Internet CE hours. AOTSS ACN yearly membership provides opportunity to earn additional CE hours at your own pace.
- Option #2 Internet-based Resources Program – Approved by Maryland State Boards of OT and PT. You can receive up to 11 hours (1.1 CEUs) for your initial 60 days plus the option to earn unlimited CE hours via AOTSS Accessibility Consultants Network (ACN) yearly membership. Check with your licensing board for any restrictions on Internet CE hours. AOTSS ACN yearly membership provides opportunity to earn additional CE hours at your own pace.

Note: Please check with your individual state licensing board on the number of Internet-based hours it allows.

AOTSS is an "AOTA Approved Provider of Continuing Education" (#5019), which is automatically accepted by more than 24 state licensing boards. AOTSS is also a member of the "NBCOT Preferred Provider Registry for Continuing Education."

CE earned through yearly AOTSS Accessibility Consultants Network (ACN) membership or additional mentoring and lesson hours

The Internet-based Training / Home Study Program can be continued for 12-month periods through annual membership in the AOTSS Accessibility Consultants Network (ACN) for additional learning and FREE CE hours. Also, additional mentoring hours and lesson hours may be purchased. CE hours are documented by the instructors and certificates of completion are provided upon request through e-mail for specific time periods. You may carry over any unused mentoring and lesson CE hours only if your AOTSS ACN yearly membership has been paid by its expiration date. Once your membership has lapsed, all unused mentoring time and lesson hours are forfeited.

One hour of continuing education equals AOTSS-approved completion of

- **One lesson hour** – 8 hours of lessons provided initially with options to add hours by choosing additional lessons. (Note: a completed lesson may use multiple lesson hours.)
- **One mentoring hour** – Personal mentoring can be an assistive tool for any project or topic to expand and increase your skills and career. Mentoring hours can be used to problem solve solutions for an actual client; consult to design or building professionals via conference calling; review architectural plans for potential design problems; discuss product research; and receive guidance on your market plan, brochure design, or in-service presentation. Use mentoring for personal/professional/business development. Time is applied according to our agreed purpose and time frame, in 15 minute increments.
- **10 postings of new information** – Post useful information on the discussion board in AOTSS' Accessibility Consultants Network (ACN) section of www.aotss.com for sharing with other members. Documentation guidelines will apply to receive CE when 10 posts are completed and submitted to your AOTSS mentor.
- **One Conference Call Lecture** – Lectures are scheduled with our mentors/experts, as well as AOTSS ACN members. Approximately 1 lecture per month or 8 per year are scheduled if there are a minimum number of participants registered. Free CE hours for AOTSS ACN yearly members.

AOTSS "ACCESSIBILITY CONSULTING" ON-SITE SEMINAR

An "Accessibility Consulting, Home Modifications, and Assistive Technology" 2-day seminar is available – see www.aotss.com for details and dates/locations. Seminar hosting or sponsorship is available at your location

COMBO DISCOUNT: 2-DAY SEMINAR AND INTERNET-BASED TRAINING / HOME STUDY

Sign up for Option #1 Internet-based Training or Home Study and the "Accessibility Consulting, Home Modifications, and Assistive Technology" 2-day seminar together and receive a special discount off the regular price of both combined! You can select any location/date for the AOTSS sponsored 2-day seminar and you can begin your Internet-based training or home study on the 1st or 15th of any month before or after your 2-day Seminar. One AOTSS Accessibility Consulting Manual is provided. See AOTSS Accessibility Consulting Seminar brochure for seminar details. Prior 2-day seminar participants can also receive discounts for Internet-based Training or Home Study (please submit proof of prior seminar participation by mail or fax). See registration form for details.

GROUP DISCOUNTS

3 or more individuals registering at the same time for Internet-based training / home study = \$25 discount per person. There are special discounts for groups of 6 or more (send e-mail requesting details to info@aotss.com).

REFERRALS – EARN FREE LESSONS

Please help spread the word about this program! You may forward registration materials and copy them. For each person who registers for the Internet-based training or home study with your name as the referral, you will receive 1 lesson hour at no charge.

REFUND & CANCELLATION POLICY

All costs of the Internet-based Training / Home Study are **non-refundable**. Any issues regarding this policy must be submitted in writing directly to AOTSS.

ACCOMODATIONS FOR PERSONS WITH DISABILITIES

Accessibility and other accommodation requests must be made in writing to AOTSS at info@aotss.com at least 30 days prior to beginning training.

SITE HOSTING OR SEMINAR SPONSORSHIP

Host a seminar at your location and receive free registrations, national advertising, free recognition on AOTSS' website, promotional materials, and/or \$\$\$. See "Site Host Agreement" information at www.aotss.com. Sponsor a seminar at your location and earn income and receive national advertising, free recognition on AOTSS' website, and promotional materials. See "Seminar Sponsor Agreement" information at www.aotss.com. Speakers are also available for specialized or customized trainings and organizational conferences based on your training time frame and content needs.

AOTSS SEMINARS

See our website at www.aotss.com for details and locations/dates.

- 2-Day Accessibility Consultation, Home Modifications, and Assistive Technology for Home, School, Work, and Play (13 CE hours)
- Internet/Home Study Personal Mentoring: Accessibility Consultation, Home Modifications, and Assistive Technology for Home, School, Work, and Play (11–15 CE hours plus unlimited CE hour options)
- 2-Day Brain Gym and Other Sensory Motor Strategies on a Shoestring Budget (14 CE hours)
- 3-Day Brain Gym 101 Certification Training (24 CE hours)
- 2-Day In-Synch: Brain Gym and the Senses (pre-requisite: Brain Gym 101)
- 2-Day Sensory Motor Activities on a Shoestring Budget for Learning, Function, and Play (13–14 CE hours)
- 1-Day Brain Health for Seniors and Health and Wellness Professionals (7 CE hours)
- 1-Day or 2-Day Irlen Scotopic Sensitivity Syndrome and Color Overlays/Filters for Reading, Writing, and Stress-Related Problems in Academic, Work, and Home Environments
- 1-Day or 2-Day Kinesthetic Learning and Activities for Written Communication
- 2-Day Integrated Lesson Planning and Pre-Vocational Skills for Students with Special Needs

AOTSS can design a customized training for your organization. You can choose the content and time frame from one hour to three days. E-mail or call AOTSS for details.

PLEASE NOTE:

WHETHER REGISTERING BY MAIL OR ON-LINE, THIS PAGE MUST BE SENT TO AOTSS.

All participants of the AOTSS Accessibility Consulting Internet-based training / home study programs and/or the AOTSS Accessibility Consultants Network **must sign** the following statement prior to beginning their participation. This document should be faxed to AOTSS at (410) 358-6454 or mailed to AOTSS, Inc. 3309 W. Strathmore Ave. Baltimore, MD 21215-3718

AOTSS COPYRIGHT AND TRAINING AGREEMENTS

I, _____, will respect the copyright of written materials by AOTSS and Shoshana Shamberg. I will not copy, forward, or transfer the materials provided to me to anyone or onto any other document unless written permission is provided directly from Shoshana Shamberg to me directly for a specific purpose. I understand that there are no refunds on AOTSS Internet-based Training / Home Study Fees and Materials.

Signature _____

Date _____

**YOUR EXPERIENCE WITH ACCESSIBILITY CONSULTING,
HOME MODIFICATIONS, AND ASSISTIVE TECHNOLOGY
(OPTIONAL)**

Please send us your **resume** and any other **information about your background, experiences, and interests in this specialty area**. Also, tell us below what you hope to gain from this program and mentoring relationship.

Please send us your pretest, sent to you in your package and by email, which assesses your level of knowledge today prior to the training (to document your baseline of knowledge in this specialty area).

For us to better address your individual learning needs, how would you rate yourself in this specialty area?

Basic Intermediate Advanced

REGISTRATION FORM

ACCESSIBILITY CONSULTING, HOME MODIFICATIONS, AND ASSISTIVE TECHNOLOGY Internet-based Training / Home Study / Seminar Combo / ACN Yearly Membership

NAME: _____

PROFESSION: _____ HOW DID YOU HEAR ABOUT US? _____

ADDRESS: _____

CITY/STATE/ZIP: _____

HOME PHONE: _____ WORK PHONE: _____

FAX: _____ E-MAIL: _____

Internet-based Training / Home Study Start Date: 1st or 15th of any month _____

Seminar Location (if applicable):

Date: _____ Location: _____

INTERNET-BASED TRAINING / HOME STUDY

\$ _____ Option #1A (\$400) – Internet-based Training and Mentoring Program (includes 60-day ACN membership)

\$ _____ Option #1B (\$450) – Home Study Training and Mentoring Program

\$ _____ Option #2 (\$300) – Internet-based Resources Program (includes 60-day ACN membership)

\$ _____ Deduct \$25 for group discount (3 or more individuals registering at same time)

Receive \$25 discount/person when 3 or more individuals register at the same time for the same seminar. Names of all group members must be included on this form:

\$ _____ Total Cost (includes AOTSS Accessibility Consulting Manual valued at \$50 and AOTSS Accessibility Consulting Media and Resources Package valued at \$100)

COMBO DISCOUNT – 2-DAY ACCESSIBILITY CONSULTING SEMINAR AND INTERNET-BASED TRAINING / HOME STUDY

\$ _____ 2-Day Seminar plus Option #1A Internet-based Training and Mentoring Program, which includes 60-day ACN membership (\$625 early registration if paid more than 30 days prior to 2-day seminar date / \$675 otherwise)

\$ _____ 2-Day Seminar plus Option #1B Home Study Training and Mentoring Program (\$675 early registration if paid more than 30 days prior to 2-D seminar date / \$725 otherwise)

\$ _____ Deduct \$25 for group discount (see above information)

\$ _____ Add \$25 for mailing fees for Internet-based training / home study materials sent prior to 2-day seminar (no charge if materials received at seminar)

\$ _____ Total Cost (includes one AOTSS Accessibility Consulting Manual valued at \$50 and the AOTSS Accessibility Consulting Media and Resources Package valued at \$100)

AOTSS' ACCESSIBILITY CONSULTANTS NETWORK (ACN) YEARLY MEMBERSHIP

With this option, you receive an additional 12 months of AOTSS ACN Membership, unlimited access to the "ACN members only" section of AOTSS' website, conference call lectures/discussions for earning free CE hours, ability to purchase mentoring/lesson hours for CE, and carryover of unused CE hours from initial 60 days if paid prior to your expiration date.

\$ _____ AOTSS ACN Yearly Membership: \$100 if paid prior to your initial 60 day expiration date (includes FREE CE hours and carry over of any unused hours). \$175 to reinstate membership if expired (forfeits carryover of unused CE hours).

Prices subject to change. Please check website for current pricing.

**PayPal accepted via the www.aotss.com website.
Checks or Money Orders accepted by mail.**

**Send this form and payment to:
Abilities OT Services and Seminars, Inc.
3309 W. Strathmore Ave.
*Baltimore, MD 21215-3718***

**Phone: (410) 358-7269
Fax: (410) 358-6454
E-mail: info@aotss.com**