

To: Irlen Clients and your EYE CARE PROFESSIONAL SUPPLYING RX EYEGLASSES

If you are providing lenses to be used for the Irlen tinting process, please have your **eye care professional or lens provider fill out and sign the form below**. Let them know that you need either **Tintable, Hard Resin Plastic** or **Hi-Index Plastic** lenses with **absolutely no UV and no Anti-Reflective Glare coatings, etc.** We will not accept any lenses in the polycarbonate material. Also, **no additional scratch coating** can be added to the lenses. Irlen Labs will put on UV and anti scratch coatings after the Irlen tinting process is completed.

Lens Crafters and Costco normally use the **Dura Lens**. Making an Irlen Filter from this material is **not** possible as the factory scratch coating is too hard and the lens will not absorb any color accurately. Make sure you request tintable lenses.

All Progressive no-line multi-focal lenses come with the manufacturer's factory scratch coating. **All Hi-Index** thin lenses come with the manufacturer's factory scratch coating and UV400 filtering. We accept these lenses because there are no alternatives except **Rodenstock's Cosmolite Aspheric** lenses. This is a mid-index thin lens with no UV400 filtering. For heavy impact resistance or sports goggles, use **Trivex** lenses.

Please **DO NOT USE rimless frames**, if at all possible. However, if you do use them, then **FOR RIMLESS FRAMES including Rimlon Rimless and Drill Hole Mounted Lenses, please send lenses only. Do not send the lenses mounted in the frame.** You need to make arrangements with your eye care professional for this service since **Irlen Lab will not be responsible for rimless or semi-rimless frames**. You diagnostician and AOTSS are not responsible for the condition and quality of frames purchased.. Please bring an optical quality frame to your Irlen Diagnostic appointment or you may mail them to your diagnostician after your diagnostic or retint session. .

Please have your eye care professional check the appropriate boxes below as it pertains to your lenses. Any questions, please call the us at (410)358-7269 or email shoshana@aotss.com.

You must **bring a current copy of your optical RX with Pupil Distance (PD)** to your appointment.. Make sure the RX is clearly readable and printable. Make sure it is has not expired.

To: Eye Care Professional Name of Client: _____

This form **must** accompany the lenses to be submitted for the Irlen Filter process. Please place an X by the phrase that best describes the lenses being provided for tinting. Lenses must be tintable with no hard coatings and preferably no UV or anti-scratch coatings which will be put on by Irlen Labs after the irlen tinting process. Irlen Labs does is not responsible for lenses which cannot be tinted. Optimal lenses are CR39 tintable plastic with no coatings.

- NO or YES factory scratch coating
- NO or YES In-house scratch coating
- NO scratch coating (preferred no UV or anti scratch coating for accurate tinting)
- NO or YES Anti-reflection glare coating (Not Acceptable for Irlen Tinting)
- NO or YES Progressive or hi-index lenses (no hard coatings/ lenses must be tintable)
- NO or YES Rimless Frames. Lenses must be removed from frame. Send lenses only.

Print Name of Eye Care Professional: _____

Signature of Eye Care Professional: _____ DATE: _____
 Contact info for Eye Care Professional: _____ phone _____ email
 Address: _____
 City: _____ State: _____ zipcode: _____

SUMMARY: Lenses and Frames for Irlen Tinting–

CR 39 Lenses/Requirements for other types of Lenses.

If you wear RX lenses for reading, you will need to wear/bring in a clear pair or reading prescription eyeglasses to your diagnostic testing or retint session. If you are providing RX lenses made by an your optician, the lenses must meet the following specifications:

- Use **CR 39 Plastic, tintable, hard resin, no extra coatings added for Irlen Tinting**
- Ultra Thin Lenses or Progressive Lenses are also fine as long as they are tintable plastic
- No polycarbonate or glass lenses can be used with the Irlen technology
- If needed, you may request a list of the only other limited exceptions to the CR 39 lenses.
- The frames need to come up to **mid eyebrow at least or slightly higher** in order to provide maximum eye coverage. Do not use ½ frames that you can see over. On the other hand, *do not get frames that are too large.* You may also use fitover frames. You may also use clip-on frames with a full frame and screw closure (No RX lenses are tinted with irlen technology. No lenses will be accepted in frames where the screw is drilled thru the lenses.
- We do not recommend rimless frames, so please do not use them for your irlen lenses. You may use a clip-on frame with no RX irlen lenses. Clip-on frame must be a full frame with a screw closure..
- **No Dura** lenses which are sold by Lens Crafters or Costco, etc.. DURA LENSES will not work with the Irlen Tint technology.
- You will need to **bring a copy of your RX with PD** (pupil distance) listed, for your records. RX must be current and signed by your optician.
- **If you do not wear prescription reading eyeglasses**, the Irlen Lab will provide plano NoRX lenses for the Irlen Filters--in this case you will only need frames.
- **Your Doctor or Optician supplying your RX eyeglasses must fill out the OPTICIAN FORM** to insure Irlen Labs is receiving lenses properly made for Irlen Tinting. Bring this signed letter with you when you bring in the copy of your RX. It can be downloaded from our website www.AOTSS.com in the CLIENT FORMS section.

NOTE: Be sure to have an updated eye exam with your eye doctor within one year prior to the date of your appointment.

PLEASE CALL US IF YOU HAVE ANY QUESTIONS AT ANY TIME.

Thank you very much,

Shoshana Shamberg OTR/L, MS, FAOTA, Irlen Diagnostician
Abilities OT & Irlen Diagnostic Center www.AOTSS.com

shoshana@aotss.com / 410-358-7269